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My Child Is Transgender: 10 Tips For Parents Of Adult Trans Children (10 Trans Tips)



Synopsis

Your adult child has come out to you as transgender and is considering, or has already begun, a transition from male to female or from female to male. What do you do now? This short, accessible guide is aimed at parents of transitioning adult children, offering ten tips to help you navigate one of the most challenging, and ultimately rewarding, times in your life. It is also helpful for other family members and loved ones looking for guidance. From "Lose the Blame" to "Learn to Let Go," the practical tips offered in *My Child is Transgender: 10 Tips for Parents of Adult Trans Children* will help you learn to support your child and yourself as you both move forward into new beginnings. Matt Kailey is an award-winning author, blogger, college instructor, and community activist who began his transition from female to male in 1997. Since that time, he has educated thousands of people about transgender and transsexual issues through his presentations, trainings, books, and popular blog and website, Tranifesto.

Book Information

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Customer Reviews

Overly simplistic. I bought this for my dad when I came out, but after reading through it I decided it focuses way too much on transmasculine individuals, and that it focuses way too much on medical procedures for my liking.

I really appreciate that this is a short, succinct introduction to start the adventure with your transgendered loved one. Thank you! I feel like I have a better base to work from now!

This was succinct, honest, informative and most of all comforting. It mentioned so many of the things I'm feeling and all the solutions and advice were spot on. Congratulations on being a person who wrote from the heart and openly gave a shoulder to lean on for many parents. Thank you so much for your kindness, wisdom and insight. God Bless You always.

I just came out to my mom and finding the words to explain how I felt were hard and this book. Fits right into how I feel and what I want my parents to know. First time I read this book I cried because it's a relieving moment to know she might actually understand how I've been feeling now.

This book helped me see everything from my child's eyes and feel it from his heart. If you have a transgender child, family member, friend that you care about, and are having a hard time grasping it, this book will help you so much I believe. It helped me.

Good advice. Most of this seems like common sense however if your child has just come out to you and it's still new this could help.

If parents are looking for a book to help you understand...this is it!! I found the explanation of difference between gay/lesbian and a transgender very easy to understand, we never thought there was a difference and now are better informed. We appreciate the "tips" given! Highly recommend reading!

I found this book an easy read with great ideas to think about and gives encouraging. Recommending for starters to help begin the process.

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